

Melbourne 9°C - 23°C . Mostly sunny.



TRAVEL Escape

Best new hotels and resorts opening in 2014

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A guest in the lounge at Aro Ha wellness retreat near Queenstown. Picture: Supplied *Source:* Supplied

9. Aro Ha, Queenstown, New Zealand

A self-sufficient, luxury wellness centre overlooking Lake Wakatipu near Queenstown on New Zealand's South Island will open in January. Aro Ha will offer all-inclusive wellness adventure programs including vinyasa yoga, subalpine hiking, meditation, therapeutic massage and detoxifying vegetarian cuisine and will cater for a maximum of 32 guests for three to seven-day retreats. The retreat will be spread across 11 buildings and include guest accommodation, a spa with a hot tub, a cold plunge pool, Finnish sauna, infra-red sauna and cooling bed, massage and treatment rooms, permaculture gardens and orchards and hiking trails. All-inclusive prices start at NZ\$2250 per person for a three-day retreat.

See aro-ha.com