



A revamped treatment room at Pullman Port Douglas Sea Temple's new Vie Spa.



Accor's lively new Vie Spa concept is rolling out to multiple Pullman properties.



PULLMAN SPAS GET A FACE-LIFT

ACCOR HAS REBRANDED five of its hotel day spas from Mii Spa to Vie Spa. Meaning 'life', the Vie concept brings a fresh approach and new look to the five-star hotel chain. The magenta colour scheme has been replaced with a vibrant light green, pale purple and yellow palette. Each spa offers a slightly varied treatment menu, but all include a 90-minute hot stone foot service, a native clay and oil body treatment, a sea kelp wrap and an Italian orange and jojoba body scrub. Joining the existing Pevonia product range is the Australian-made Ikou line of

botanical skincare and treatments. "The rollout of the new spa branding is another step in strengthening the group's leisure and sport offerings," says Accor Pacific chief operating officer, Simon McGrath. "We have plans to further expand Vie Spa in the Pacific." Two more Vie Spas are scheduled to open in New South Wales before the end of the year. Currently Vie Spas have opened at

Pullman Resort Bunker Bay, Quay West Resort Magenta Shores, Pullman Cairns International, Pullman Palm Cove Sea Temple Resort and Spa and Pullman Port Douglas Sea Temple Resort & Spa. ACCORHOTELS.COM.AU



ABOVE: New Zealand's sustainable Aro Ha wellness retreat opens in January. ABOVE RIGHT: One of chef Suzie Bohannon's vegetarian creations.

Cutting-Edge Kiwi Sustainability

AN OFF-THE-GRID luxury wellness retreat will open in New Zealand in January, 2014. Aro Ha, overlooking Lake Wakatipu, has been purpose-built to be completely self sufficient. The wellness program includes vinyasa yoga, functional strength training, vegetarian cuisine and hiking in the Southern Alps. Produce is sourced from local permaculture gardens and the property is built on passive standards, including the country's first renewable heating scheme. "Aro Ha is designed to support exceptional personal growth, both physically and spiritually," says managing partner Damian Chaparro. The centre can accommodate up to 32 people, but Damian says their target is 14 guests at a time, participating in three-to-seven day retreat programs. ARO-HA.COM